academic & athletic awards

NCAA All-American

Lindsay Henahan, 100 butterfly (2003) Erin Eldridge, 100 breaststroke (twice), 200 breaststroke (2002)

College Swimming Coaches Association of America (CSCAA)

Term	National Rank	GPA
Spring 2004	1st	3.66
Fall 2003	4th	3.48
Spring 2003	3rd	3.50
Fall 2002	2nd	3.53
Spring 2002	35th	3.25
Fall 2001	30th	3.16
Spring 2001	24th	3.20
Fall 2000	13th	3.32
Spring 2000	15th	3.30
Fall 1999	3rd	3.39
Spring 1999	7th	3.35
Fall 1998	2nd	3.38
Fall 1997	10th	3.32



F	IRST	Τ	EA	M:

2004: Theresa Dunn, 3.80 GPA, Business Administration/Finance Andrea Lubeck, 3.97 GPA, Undeclared Sasha Taylor, 3.71 GPA, Biology Education 2003: Theresa Dunn, 3.84 GPA, Business Administration/Finance Jill Olson, 3.68 GPA, Accounting Sasha Taylor, 3.60 GPA, Biology Education 2002: Theresa Dunn, 3.94 GPA, Pre-Law Jill Olson, 3.74 GPA, Accounting 2001: Jill Olson, 3.85 GPA, Accounting 2000: Kelley Miedema, 3.42 GPA, Zoology (Pre-Med) Eli Schmied, 3.69 GPA, Zoology (Pre-Med) 1998: Tammy Coulter, 3.47 GPA, Biology

1997: Rachel Hawley, 3.94 GPA, Zoology 1995: Terry Campbell, 3.63 GPA, Biology

Lisa McAndrew, 3.64 GPA, Education

SECOND TEAM:

2004: Karen Eldred, 3.85 GPA, Declared Lisa Irwin, 3.78 GPA, Zoology 2003: Lisa Irwin, 3.73 GPA, Zoology 2002: Katie Byrnes, 3.74 GPA, Undeclared Rachel Dong, 3.59 GPA, Movement Studies Melissa Hubley, 3.40 GPA, Sociology 2001: Melissa Hubley, 3.40 GPA, Psychology 2000: Gretchen Chambers, 3.32 GPA, Psychology 1999: Anna Hohmann, 3.26 GPA, Accounting Julie Thom, 3.53 GPA, Kinesiology

1998:	Julie Thom, 3.62 GPA, Kinesiology
1997:	Tammy Coulter, 3.51 GPA, Pre-Med
	Amber Hanley, 3.48 GPA, Biology
1996:	Teri Campbell, 3.61 GPA, Biology
	Kristi Dougherty, 3.92 GPA, Education
	Amber Hanley, 3.44 GPA, Biology
	Rachel Hawley, 3.93 GPA, Zoology
1995:	Rachel Hawley, 3.89 GPA, Zoology
	Jenny Widell, 3.53 GPA, Biology
1993:	Anjanette Wong, 3.55 GPA, Biology
1992:	Anjanette Wong, 3.53 GPA, Biology
1991:	Karen Kennedy, 3.66 GPA, Elementary Education
	Anjanette Wong, 3.59 GPA, Biology

HONORABLE MENTION:

2004:	Nicole Chinn, Jane Copland, Sheena Mills, Lesley Ouellette
2003:	Nicole Chinn, Becca Cohen, Sara Schmied, Lindsay Henahan
2002:	Nicole Chinn, Becca Cohen, Sara Schmied, Sasha Taylor
2001:	Carrie Breed, Rachelle Carano, Rebecca Cohen, Lindsay Henahar
	Sara Schmied
2000:	Suzie Muirhead
1999:	Carrie Breed, Gretchen Chambers, Jessica Chisholm,
	Wendy Enderle, Sarah Ewan, Katie Keller, Kelley Miedema,
	Suzie Muirhead, Eli Schmied, Aimee Walters
1998:	Jessica Chisholm, Wendy Enderle, Liz Hohaia, Anna Hohmann,
	Aimee Walters, Gretchen Chambers, Kelley Miedema,
	Suzie Muirhead, Eli Schmied
1997:	Julie Thom, Aimee Walters
1996:	Jodie Codding, Tammy Coulter, Raina Fromm, Melinda Griffiths
1995:	Christie Blumenstein, Jonna Gaustad, Amber Hanley
1994:	Jessica Adolphson, Tracy Adolphson, Terri Campbell,
	Jonna Gaustad, Jennifer Widell
1993:	Jessica Adolphson, Jonna Gaustad, Kealy Kurdy, Jennifer Larson,
	Lisa McAndrew, Kimberly Taylor, Jennifer Widell
1992:	Jessica Adolphson, Linda Dobbels, Kealy Kurdy, Jennifer Larson,
	Kim Taylor, Jenny Widell
1991:	Linda Dobbels, Shannon Eddy, Kealy Kurdy, Minica Lane,
	Kimberly Taylor, Imka Freyman

Glenn Kranc Academic Award

 Spring 2004:
 3.66 Team GPA

 Spring 2003:
 3.50 Team GPA

 Fall 2002:
 3.53 Team GPA

2003-04 Cougar Swimming Awards

Most Outstanding: Erin McCleave Most Improved: Elizabeth Newhouse Strength & Conditioning: Lisa Irwin

Academic: Lindsay Backhouse and Katie Van Horne

Cougar: Sasha Taylor





WASHINGTON STATE UNIVERSITY SWIMMING

Team Sponsors







Northwest Dodge Dealers

Washington State University Records

Event	Time	Record Holder	Date
50 Freestyle	23.26	Taryn Ternent	02/22/01
100 Freestyle	50.44	Taryn Ternent	12/01/01
200 Freestyle	1:49.41	Erin McCleave	02/25/04
500 Freestyle	4:53.53	Becca Cohen	2/28/02
1000 Freestyle	10:12.96	Jill Olson	12/01/01
1650 Freestyle	16:55.99	Becca Cohen	3/2/02
100 Backstroke	56.34	Andree-Anne LeRoy	11/30/01
200 Backstroke	1:59.64	Andree-Anne LeRoy	12/01/01
100 Breaststroke	1:02.19	Erin Eldridge	02/26/99
200 Breaststroke	2:13.54	Erin Eldridge	02/27/99
100 Butterfly	53.75	Lindsay Henahan	2/28/03
200 Butterfly	2:00.36	Melissa Hubley	02/24/01
200 IM	2:02.74	Andree-Anne LeRoy	11/29/01
400 IM	4:21.67	Andree-Anne LeRoy	11/30/01
200 Free Relay	1:32.82	Ternent, Dong, Henahan, LeRoy	11/29/01
400 Free Relay	3:23.27	LeRoy, Hubley, Dong, Ternent	12/01/01
800 Free Relay	7:27.57	LeRoy, Hubley, Cohen, Taylor	11/30/01
200 Medley Relay	1:42.33	Chinn, Dong, Henahan, Ternent	11/30/01
400 Medley Relay	3:46.05	Miedema, Eldridge, Hubley, Henahan	02/25/00

GIBB POOL RECORDS

Event	Time	Record Holder	Year
50 Freestyle	23.23	Sun, Nevada	2000
100 Freestyle	51.21	Sun, Nevada	2000
200 Freestyle	1:52.61	Gurr, Florida State	1998
500 Freestyle	4:57.86	Liu, Nevada	2000
1000 Freestyle	10:16.56	Olsen, Washington	2002
1650 Freestyle	17:10.16	Andrus, Oregon State	1981
100 Backstroke	56.94	Pacebutaite, Oregon State	2004
200 Backstroke	2:02.56	Elliot, Colorado State	1994
100 Breaststroke	1:02.56	Steven, Oregon State	2004
200 Breaststroke	2:14.38	Steven, Oregon State	2004
100 Butterfly	55.60	Henahan, Washington State	2002
200 Butterfly	1:57.48	Liu, Nevada	2000
200 IM	2:05.91	Blachford, Florida State	1998
400 IM	4:31.19	LeRoy, Washington State	2002
200 Free Relay	1:37.38	Pacific	2004
400 Free Relay	3:29.19	Washington State	2002
800 Free Relay	7:45.36	Pacific	2004
200 Medley Relay	1:45.34	Washington State	2002
400 Medley Relay	3:49.31	Washington	1998

all-time top 10 list

50 FREESTYLE		7. Nikki Hudson (10/23/92)	17:26.04	2. Jane Copland (3/01/03)	2:15.71
1. Taryn Ternent (2/22/01)	23.26	8. Julie Thom (2/28/98)	17:26.38	3. Monika Povilonyte (2/28/04)	2:18.22
2. Lindsay Henahan (2/27/03)	23.48	9. Tammy Regan (3/23/93)	17:41.14	4. Rachel Dong (12/01/01)	2:20.09
3. Rachel Dong (2/22/01)	23.51	10. Beth Platte (12/09/84)	17:44.73	5. Katie Leidel (2/27/99)	2:22.04
4. Katie Keller (2/26/98 & 2/5/99)	23.59	100 BUTTERFLY		6. Linda Dobbels (2/9/92)	2:22.57
5. Erin McCleave (2/26/04)	23.90		53.75	7. Shawna Pentland (2/2/95)	2:22.68
6. Jessica Adolphson (12/07/90)	23.95	 Lindsay Henahan (2/28/03) Rachel Dong (11/30/01) 	54.75	8. Lesley Ouellette (12/07/02)	2:23.04
7. Jessica Chisholm (2/26/98)	24.02	3. Melissa Hubley (11/30/01)	55.13	9. Anjanette Wong (2/9/92)	2:23.58
Sara Schmied (2/28/02)	24.02	4. Erica Dunn (3/01/9355.75)	56.58	10. Michele McArtor (2/25/95)	2:25.27
9. Christina Swanson (11/29/01)	24.18	5. Rachelle Carano (2/22/01)	56.75	200 INDIVIDUAL MEDLEY	
10. Katie Van Horne (2/26/04)	24.22	6. Nicole Chinn (3/01/02)	56.92	1. Andree Anne LeRoy (11/29/01)	2:02.74
100 FREESTYLE		7. Lindsay Backhouse (2/27/04)	57.34	2. Jane Copland (2/27/03)	2:05.07
1. Taryn Ternent (12/01/01)	50.44	8. Natascha Renfro (2/28/03)	57.63	3. Rachel Dong (11/29/01)	2:06.55
2. Katie Keller (2/28/98)	50.85	9. Kim Taylor (2/08/92)	58.13	4. Kelley Miedema (2/26/98)	2:06.85
3. Lindsay Henahan (3/01/03)	51.03	10. Taryn Ternent (11/30/01)	58.24	5. Rachelle Carano (2/24/00)	2:06.87
4. Andree Anne LeRoy (12/01/01)	51.16	200 BUTTERFLY		6. Nicole Chinn (11/29/01)	2:07.01
5. Erin McCleave (2/28/04)	51.47		2.00.26	7. Kayli Changstrom (2/26/04)	2:07.09
6. Rachel Dong (2/24/01)	52.09	1. Melissa Hubley (2/24/01)	2:00.36	8. Katie Leidel (2/25/99)	2:07.58
7. Jessica Adolphson (2/26/94)	52.48	2. Lindsay Henahan (10/19/02)	2:05.21 2:05.36	9. Mindy Griffiths (2/26/98)	2:07.74
8. Sarah Schmied (12/03/02)	52.71	 Kelly Kocur (3/02/91) Erica Dunn (2/25/95) 	2:05.84	10. Anjanette Wong (2/07/92)	2:08.21
9. Becca Cohen (12/3/00)	52.78	5. Rachelle Carano (12/3/00)	2:06.17	400 INDIVIDUAL MEDLEY	
10. Sarah Emard (2/23/85)	52.85	6. Taunya Locking (2/09/92)	2:06.30	1. Andree Anne LeRoy (11/30/01)	4:21.67
200 LDEECTALE		7. Tami Stewart (2/26/82)	2:06.91	2. Kelley Miedema (2/26/99)	4:27.29
200 FREESTYLE	1.40.41	8. Katy Dobner (2/25/95)	2:08.24	3. lill Glatt (2/25/94)	4:30.38
1. Erin McCleave (2/25/04)	1:49.41	9. Kayli Changstrom (2/28/04)		4. Rachelle Carano (2/25/00)	4:31.24
2. Katie Keller (2/25/99)	1:50.49	2:08.31		5. Jane Copland (11/16/02)	4:31.32
 Becca Cohen (3/01/02) Sasha Taylor (11/30/01) 	1:50.60 1:50.83	10. Jill Glatt (2/26/94)	2:08.33	6. Julie Thom (2/26/99)	4:31.36
5. Andree Anne LeRoy (11/30/01)	1:51.27			7. Kayli Changstrom (2/27/04)	4:31.71
6. Melissa Hubley (11/30/01)	1:52.30	100 BACKSTROKE	5624	8. Katie Byrnes (11/30/01)	4:32.15
7. Jadine Louw (3/01/02)	1:53.15	1. Andree Anne LeRoy (11/30/01)	56.34	9. Anjanette Wong (2/8/92)	4:32.52
8. Jennifer Larson (3/1/93)	1:53.20	 Katie Byrnes (11/30/01) Nicole Chinn (3/01/02) 	56.74 57.01	10. Linda Dobbels (2/8/92)	4:34.10
		3. INICOIE CHIHIT (3/01/02)	37.01		
9. Tane Cobland (2/28/03)	1:53.49	1 Taryn Tornont (11/20/01)	57.05	200 EDEECTVIE DELAV	
 Jane Copland (2/28/03) Beth Platte (2/21/86) 	1:53.49 1:53.73	4. Taryn Ternent (11/30/01) 5. Kelley Miedema (2/25/00)	57.05 57.06	200 FREESTYLE RELAY	1,22 02
10. Beth Platte (2/21/86)		5. Kelley Miedema (2/25/00)	57.06	Taryn Ternent (23.63)	1:32.82
10. Beth Platte (2/21/86)500 FREESTYLE	1:53.73	 Kelley Miedema (2/25/00) Anna Hohmann (2/26/99) 	57.06 57.14	Taryn Ternent (23.63) Rachel Dong (23.09)	1:32.82 12/2001
 Beth Platte (2/21/86) FREESTYLE Becca Cohen (2/28/02) 	1:53.73 4:53.53	5. Kelley Miedema (2/25/00) 6. Anna Hohmann (2/26/99) 7. Sasha Taylor (3/03/02)	57.06 57.14 58.05	Taryn Ternent (23.63) Rachel Dong (23.09) Lindsay Henahan (23.00)	
 Beth Platte (2/21/86) FREESTYLE Becca Cohen (2/28/02) Beth Platte (2/27/86) 	1:53.73 4:53.53 4:57.66	 Kelley Miedema (2/25/00) Anna Hohmann (2/26/99) 	57.06 57.14	Taryn Ternent (23.63) Rachel Dong (23.09) Lindsay Henahan (23.00) Andree Anne LeRoy (23.10)	
 Beth Platte (2/21/86) FREESTYLE Becca Cohen (2/28/02) Beth Platte (2/27/86) Jadine Louw (11/29/01) 	1:53.73 4:53.53 4:57.66 4:58.75	 Kelley Miedema (2/25/00) Anna Hohmann (2/26/99) Sasha Taylor (3/03/02) Mindy Griffeiths (2/27/98) 	57.06 57.14 58.05 58.24	Taryn Ternent (23.63) Rachel Dong (23.09) Lindsay Henahan (23.00) Andree Anne LeRoy (23.10) 400 FREESTLYE RELAY	12/2001
 Beth Platte (2/21/86) 500 FREESTYLE Becca Cohen (2/28/02) Beth Platte (2/27/86) Jadine Louw (11/29/01) Sasha Taylor (11/29/01) 	1:53.73 4:53.53 4:57.66 4:58.75 4:59.22	 Kelley Miedema (2/25/00) Anna Hohmann (2/26/99) Sasha Taylor (3/03/02) Mindy Griffeiths (2/27/98) Rachel Hawley (2/28/97) Liz Hohaia (2/26/99) 	57.06 57.14 58.05 58.24 58.42	Taryn Ternent (23.63) Rachel Dong (23.09) Lindsay Henahan (23.00) Andree Anne LeRoy (23.10) 400 FREESTLYE RELAY Andree Anne LeRoy (51.16)	3:23.27
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WASHINGTON STATE UNIVERSITY SWIMMING

THE UNIVERSITY

The Founding: 1890. The university doors opened in 1892.

The Name: Began as Washington
Agricultural College and School
of Science and became known as
Washington State College in 1905. In
1959, the state legislature renamed it
Washington State University.

Academic Structure: Colleges of Agriculture and Home Economics, Business and Economics, Education, Engineering and Architecture, Honors, Liberal Arts, Nursing, Pharmacy, Sciences, Veterinary Medicine and the Graduate School.

Outstanding Alumni: The Regents' Distinguished Alumnus Award is the highest honor WSU bestows upon its alumni. Winners of this award include Neva Abelson, co-developer of the Rh blood test; Philip Abelson, father of the atomic submarine; Microsoft co-founder Paul Allen; astronaut John Fabian; Mel Hein, WSU and New York Giants professional football all-star; Keith Jackson, ABC-TV college football sportscaster; Far Side cartoonist Gary Larson; Edward R. Murrow, broadcasting's top journalist; Laurence Peter of "The Peter Principle"; Green Revolution's Orville Vogel; sociologists William Julius Wilson and James E. Blackwell; and Japanese home economics pioneer Matsuyo Yamamoto.

Students: Some 16,000 undergraduate students and 2,000 graduate students study on the Pullman campus. Statewide, WSU has more than 21,000 students.

Faculty: There are more than 1,500 faculty members on the Pullman campus and more than 5,000 faculty, exempt and classified employees statewide.

Campuses: WSU's main campus is in Pullman. The university has campuses in Spokane, Tri-Cities (Pasco-Kennewick-Richland) and Vancouver, across the Columbia River from Portland, Ore.

WSU Web site: Visit the awardwinning Washington State University Web site, www.wsu.edu, for more information.

PULLMAN

Location: Pullman is eight miles from the Washington-Idaho border, in the southeastern part of the state. It is eight miles west of Moscow, Idaho; 76 miles south of Spokane, Washington, and 32 miles north of Lewiston, Idaho.

Pullman's Beginnings: Originally known as Three Forks, because the Missouri Flat Creek from the north, Dry Creek from the south, and the South fork of the Palouse River from the east converge at this point. The town became Pullman in 1881. One story is that the name came from George Pullman, the king of the great railroad sleeping-car. Pullman was incorporated in 1886.

Climate: Dry and clear most of the year, with hot summers and cold winters.

The average annual rainfall is 21 inches per year.

Population: About 25,000, including WSU students.

Pullman is built on hills: Washington State University is on College Hill. The other hills are Military, Pioneer and Sunnyside.

Pullman and Moscow are

"Dreamtowns": Pullman and neighboring Moscow, Idaho, are the "University Cities" because WSU and the University of Idaho have their main campuses in the two respective cities, located eight miles apart. They are also "Dreamtowns," according to Demographics Daily (Sept. 18, 2000). In a study, 632 U.S. cities with populations of 10,000-50,000 were evaluated with 141 of them called "Dreamtowns" because of their quality of life based on various criteria including vitality, supply of good jobs, freedom from stress, connection to cultural mainstream, support for schools, access to health care, low cost of living, and small-town character.

Pullman has highly rated public schools: In a survey of 15,892 districts nationally, the Pullman School District was named one of the 100 Best in the U.S., according to the Sept./Oct. 2000 issue of Offspring, parenting magazine from the editors of The Wall Street Journal's SmartMoney.

THE PALOUSE

The Geographic Area: Known as the Palouse ("Pah-loose"), an area between the moist forests of the Rocky Mountains and the dry scablands of Washington. Its irregularly shaped rolling hills were formed by the erosion of thick basalts, followed by a deposition of a loess soil which, with excellent waterholding ability, is the fertile basis for the rich agricultural production of the area.

Beauty of the Palouse: A book, *The Most Beautiful Place in the World*, 1986 Friendly Press, edited by Jay Maisel, says the "Palouse is the Louvre of farmlands. Four thousand square miles of rolling hills...it has the perfect combination of topography, weather, crops and farming methods to produce a stunning collection of ... land-art." *National Geographic*, June 1982, calls it "A Paradise Called the Palouse."

Early Inhabitants: Long before white explorers arrived, Indian tribes, including the Cayuse, Coeur d'Alenes, Nez Perce, Palouse, Umatillas, Walla Wallas, Yakamas, and Spokanes, could be found within a 100-mile radius of Pullman. The Nez Perce are credited with the development of the famous Appaloosa horse. Moscow, Idaho, eight miles from Pullman, is home of the national Appaloosa Museum and Heritage Center.

Lewis and Clark traveled near the Palouse: In 1805, Meriwether Lewis and William Clark followed an Indian trail across the Bitterroot Mountains of Idaho to the Clearwater River, near the Palouse region. They were the first white men to traverse the vast inland plateau. Their exploration opened up the "Inland Empire" to further exploration and settlement.